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<http://academic.ju.edu.jo/j.muhaidat/Lists/Published%20Research/AllItems.aspx>

**Education:**

**Jan 2009 – August 2012:** PhD in dual tasking in older adults, School of Health and Life Sciences, Glasgow Caledonian University, Glasgow (UK)

**Sep 2007- Sep 2008:** MSc Applied Physiotherapy, Sheffield Hallam University, Sheffield (UK)

**Oct 2002 – Jun 2006:** BSc Physiotherapy, University of Jordan, Amman (Jordan). GPS: 3.92 out of 4 (Ranked first)

**Work experience:**

**Sep 2015 – Aug 2016:** Head of Physiotherapy Department, Faculty of Rehabilitation Sciences, University of Jordan (Jordan)

**Sep 2013 – Aug 2014:** Dean Assistant for training and student affairs, Faculty of Rehabilitation Sciences, University of Jordan (Jordan)

**Sep 2012 – present:** Assistant professor, Department of Physiotherapy, Faculty of Rehabilitation Sciences, University Of Jordan (Jordan)

**Nov 2006 –Aug 2007:** Teaching Assistant, Department of Physiotherapy, Faculty of Rehabilitation Sciences, University Of Jordan (Jordan)

**Jul – Oct 2006:** Physiotherapist, Abdoun Physiotherapy Centre (Jordan).

**Professional Registration:**

**Oct 2016 – Present:** Jordanian Physiotherapy society

**May 2007-2012:** Health Professions Council (HPC), Registration number: PH81119.

**Jan 2007-present:** Ministry of Health (Jordan).

### **Post Qualifying Courses:**

**Mar 13<sup>th</sup> – 4<sup>th</sup> June:** Tempus project “Curriculum and skill development in vision rehabilitation” project activities in low vision. German Jordanian University (Jordan) & Royal Dutch Visio (Netherlands)

**Sep-Nov 2014:** Patient Engagement Design. Stanford University online course

**Dec 2014:** Medical Education in the New Millennium. Stanford University online course

**7<sup>th</sup>-9<sup>th</sup> Apr 2014:** Tobacco Dependence Treatment Training. Global Bridges/ KHCC (Jordan)

**15<sup>th</sup>-23<sup>rd</sup> Jun 2013:** Emotional Intelligence 101 Workshop. HUB Academy (Jordan)

**5<sup>th</sup>-9<sup>th</sup> Apr 2013:** Train-of-Trainers program. Business Development Center (Jordan)

**Nov 2010- Jan 2011:** Exercise for the prevention of falls and injuries in frailer older people, Phase IV postural stability instructor. Later life training (UK)

**Sep- Dec 2006:** Therapeutic massage and shiatsu, Al- Kuds College (Jordan)

### **Conferences:**

**28<sup>th</sup> Jun – 1<sup>st</sup> Jul 2016:** World Congress on Active Ageing. Oral presentation. (Melbourne, Australia)

**12-14 Sep 2015:** Change 4 Life Symposium. Oral presentation (Oman)

**4<sup>th</sup> Apr 2015:** the 46<sup>th</sup> International Forum on Physical Culture. Jordan. Oral presentation

**6<sup>th</sup> May 2014:** 1<sup>st</sup> Scientific Conference of the Faculty of Rehabilitation Sciences. Amman (Jordan). Oral presentation

**10<sup>th</sup> Sep 2012:** 13<sup>th</sup> International falls and postural stability conference. Leeds (UK). Dual tasking and falls workshop facilitator

**13<sup>th</sup>-14<sup>th</sup> Jan 2012:** MOBEX 2012. Zurich (Switzerland). Oral presentation

**5<sup>th</sup> May 2011:** The 30<sup>th</sup> Scientific Meeting of the Physiotherapy Research Society. Keele University, UK. Oral presentation

**15<sup>th</sup> and 16<sup>th</sup> Jan 2011:** MOBEX 2011. Glasgow (UK). Oral presentation

**21<sup>st</sup>-24<sup>th</sup> Sep 2010:** 10<sup>th</sup> World conference on injury prevention and safety promotion. London (UK). Poster presentation

**4<sup>th</sup> Jun 2010:** East Midlands and Trent Falls Symposium. Nottingham (UK). Oral presentation

**27<sup>th</sup> May 2010:** The 29th Scientific Meeting of the Physiotherapy Research Society. Teesside University. Middlesbrough (UK). Oral presentation

**26th-28th Feb 2010:** The 3rd International Congress on Gait and Mental Function GAIT10. Washington D.C (USA). Poster presentation

**7th May 2009:** The 28th Scientific Meeting of the Physiotherapy Research Society. Glasgow Caledonian University, Glasgow (UK). Attended

**30-31<sup>st</sup> Jan 2009:** CORE conference, Glasgow Caledonian University, Glasgow (UK). Attended

**May 2006:** The Second International Scientific Conference of Physiotherapy, Jordanian Physiotherapy Society (Jordan). Attended

### **Publications:**

Skelton DA and Muhaidat J (2015). Mobility in Later Life, in Lichtenberg PA and Mast BT (eds), APA Handbook of Clinical Geropsychology. American Psychological Association.

Muhaidat J, Kerr A, Evans JJ, Pilling M and Skelton DA (2014). Validity of simple gait-related dual-task tests in predicting falls in community-dwelling older adults. *Archives of Physical Medicine and Rehabilitation*, 95 (1): 58-64.

Muhaidat J, Kerr A, Evans JJ and Skelton DA (2013). Exploring gait-related dual task tests in community-dwelling fallers and non-fallers: a pilot study. *Physiotherapy theory and practice*, 29 (5): 351-370.

Muhaidat J, Kerr A, Evans JJ and Skelton DA (2013). The test-retest reliability of gait-related dual task performance in community-dwelling fallers and non-fallers. *Gait and Posture*, 38 (1): 43-50.

Kerr A, Rafferty D, Dall P and Muhaidat J (2012). Validity of measuring the sit to walk movement with an inertial sensor. *Physiotherapy Research International*, 17 (3): 187

Muhaidat J, Kerr A, Rafferty D, Skelton DA and Evans JJ (2011). Measuring Foot Placement and Clearance during Stair Descent. *Gait and Posture*, 33 (3):504-506

Muhaidat J, Skelton DA, Kerr A, Evans JJ and Ballinger C (2010). Older adults' experiences and perceptions of dual tasking. *British Journal of Occupational Therapy*, 73 (9): 405-412

Muhaidat J, Skelton DA, Kerr A, Evans JJ and Ballinger C (2010). Are We Using The Right Dual Task Tests To Detect Mobility Problems? Perspectives from Older People. *Parkinsonism and Related Disorders*, 16 (Supp1): S52-S53

Muhaidat J, Skelton DA, Kerr A and Evans JJ (2010). The feasibility of different task combinations for the assessment of dual task performance in community-dwelling fallers and non-fallers. *Injury Prevention*, 16 (A225): doi:10.1136/ip.2010.029215.801

### **Awards:**

**May 2010:** Primary Care Sciences prize for the best research presentation. The 30<sup>th</sup> Scientific Meeting of the Physiotherapy Research Society. Keele University, UK.

**Nov 2008:** The Faculty of Health and Wellbeing Physiotherapy Prize. Sheffield Hallam University (United Kingdom)

**Research projects:**

Prevalence and contributing factors to falls and injurious falls among community-dwelling older adults living in Jordan. Funded from the Deanship of Research/ University of Jordan. Ongoing

Gait-related dual tasking changes in adults with low vision. In collaboration with the German Jordanian University. Ongoing

Exploration of the clinical education program for physiotherapy students at the University of Jordan. Ongoing

Teaching clinical reasoning for physiotherapy students using the International Classification of Functioning, disability and health (ICF) as a framework. Ongoing

Development and validation of simple assessment tool to detect neurophathy-related changes in gait in patients with diabetes mellitus (DM). Ongoing

Perception of physiotherapy students toward exercise and the effectiveness of an exercise program on their physical fitness. Ongoing

**Taught modules:**

Kinesiology  
Physiotherapy in Geriatrics  
Clinical Physiotherapy  
Physical and Electrical Modalities  
Tests and Measures  
Research Methods in Rehabilitation Sciences